

# GOURMET STATION. We cook, you enjoy!

---

Our goal is to provide our customers with delicious, healthy, low calorie meals that will keep them coming back for more! Our dishes are prepared and cooked always using fresh ingredients.



## SANDWICH PLATTERS

# PREMIUM



**\$65.00 per platter,**

### Italian Club

Prosciutto ham, fresh mozzarella, tomato and basil drizzled with virgin olive oil.

### French Club

Roasted turkey, black forest ham, brie cheese, lettuce and tomatoes.

### Grilled Chicken Caesar

Grilled chicken breast, shredded parmesan cheese, romaine lettuce and our classic caesar dressing.

### Grilled Herbed Salmon

Grilled Salmon with fresh herbs.



## SANDWICH PLATTERS

**A quick and easy solution for a large event**

**\$55.00 per platter,**

Serves 10 people (20 portions) Size 4" long each choice of French baguette, whole wheat.

# GOURMET STATION. We cook, you enjoy!

---

## Roasted Turkey

Oven Roasted Sliced Turkey Breast with fresh lettuce and tomato.

## Tuna Salad

White albacore tuna salad topped with chives, light mayo, tomatoes and alfalfa sprouts.

## Ham Fromage

Ham and cheese pressed.

## Tomato Mozzarella Basil

Sliced tomato and mozzarella with basil and brushed with olive oil.

## Chicken Waldorf

Waldorf Chicken salad with light mayo, apples, walnuts and raisins.



## WRAP PLATTERS

**\$55.00 per platter**, serves 10 people (20 portions)

### All American

Turkey, tomatoes, lettuce, Swiss cheese with honey mustard.

### Mexican

Grilled beef or chicken with tomato sauce, lettuce and tomatoes.

### Asian

Chicken teriyaki, lettuce, tomatoes with sweet vidalia dressing.

### Vegetarian Wrap

Customized for you.

# GOURMET STATION. We cook, you enjoy!



## EXPRESS MENU

**In a rush, why not order an Express lunch!**

[Home](#) [About](#) [Menu](#) [Catering](#) [Reservation](#) [Contact Us](#)

### **Pasta Express**

**Tortellini** stuffed with ricotta served with grilled chicken and your choice of marinara or alfredo sauce. Caesar or mixed green salad, bread rolls and assorted brownie and cookie platter. **\$9.50 per person.**

### **Chicken Xpress**

**Sautéed chicken breast** with grilled onions, gallo pinto, sweet plantains and assorted brownie and cookie platter. **\$10.95 per person.**

### **Chicken Xpress II**

**Sautéed chicken breast** with sweet vidalia dressing, wild rice with cranberries and walnuts, vegetables, Caesar or mixed green salad and chef's choice layer cake. **\$11.95 per person.**

### **Low-Carb Xpress**

**Herbed salmon** with lemon dill yogurt sauce or **grilled chicken steak** with caramelized onions. Surprise mashed "potatoes," brown rice with orange zest or mixed grilled vegetables, Caesar or mixed green salad and fresh fruit salad. **\$12.95 per person.**



## SELECTIVE CATERING

**Design your own menu by selecting one dish from each of the five different categories. Lunch portions. \$11.95 per person.**

**Weekend price \$14.95 per person**

# GOURMET STATION. We cook, you enjoy!

---

## Meat

**Churrasco steak** with chimi-churri sauce. **Ropa Vieja** (Shredded Beef) with tomato sauce and **Sesame Ginger Peking beef** with peppers.

## Chicken

**Grilled chicken breast** with caramelized onions. **Chicken parmesan**. **Stuffed chicken breast** with your choice of (Spinach with ricotta cheese and pine nuts or French Mozzarella Basil) and **Sauteed chicken breast**. With your choice of (Sweet Vidalia dressing, Orange BBQ, Teriyaki sauce, Mango sauce, Ranch , Sundried tomatoes and Spinach). [Catering](#) [Reservation](#) [Contact Us](#)

## Fish

**Grilled tilapia** with caramelized onions and peppers, **Grouper** with leeks in a cherry tomato-wine sauce and **Grilled Salmon**.

## Pasta

**Lasagna** (Turkey, beef or vegetable). **Tortellini** stuffed with ricotta served with grilled chicken and your choice of Alfredo or Marinara sauce and **Penne pasta** with pesto sauce.

# Sides

## Starches \*\* Select One\*\*

Garlic Mashed Potatoes. Rice with green Peas. Congri (Black Beans and Rice) Brown Rice with Orange zest. Wildrice with Cranberries and Walnuts. Gallo Pinto (Red Beans and Rice). Rice Pilaf and Quinoa with Carrots.

## Vegetables\*\* Select One\*\*

Sauteed Asparagus with red peppers. Mixed grilled vegetables. Eggplant ratatouille. Sauteed Broccoli with red peppers. Sweet Potatoes. Spinach with Green Peas or Corn and Green Beans with fresh tomatoes.

## Salads\*\* Select One\*\*

Choice of dressings (Balsamic, Sweet Vidalia, Ginger Miso, Light Caesar and Blue Cheese)

Mixed Greens. Caesar Salad

Signature Salad. Mediterranean Salad

# GOURMET STATION. We cook, you enjoy!

---

## Desserts\*\* Select One\*\*

Banana cake, Chocolate cake, Carrot cake, Double fudge brownies, Caramel flan, Apple pie, key lime pie, Fresh fruit salad and Assorted cookies (Chocolate chip, Oatmeal raisin and Macademia nuts).

**Gourmet Station Miami, would like to thank you all of you for visiting our restaurant and being part of our success.**

[Home](#)

[About](#)

[Menu](#)

[Contact Us](#)

**HOPE TO SEE YOU SOON!**

<http://gourmetstationmiami.com>



GOURMET STATION

WE COOK, YOU ENJOY

